



**TERRAform\***  
garden adapted for people with reduced mobility

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\* Registered trademark

The idea of a garden adapted for people with reduced mobility was born from a meeting between the 'La Valise' group and the gardeners of the Prairie de Mauves meadows in Nantes.

Gardens and gardening have reputed qualities. They are a medium for social bonding and can help bring people out of isolation, can encourage the mixing of people of all abilities, as well as that of all generations, and fight the segregation which is often faced by handicapped people.



## Principle

**TERRAform** is a package that will allow the independent (whether by individuals or groups) use of one or several allotments by people with reduced mobility.

This will involve having a special table made for grow boxes, which will be off the ground in order to allow people to work comfortably in the garden at 'table height'.

Thanks to its ergonomic shape, this table will allow gardeners to grow produce in full soil, while being face on with their work. The dimensions of the grow boxes have been calculated using arms' width, so that the gardener can comfortably reach the middle and the edges of the grow box without having to move.

The boxes can be joined together or kept separately, depending on the use and layout of the site.

The adjustable nature and the lightness of the material of these boxes allows for great flexibility and easier implementation, easy storage as well as great longevity.



